FootBall:

**Family Games**

**Don’t worry about sticking with all the rules and positions you see on television. After all, a simple backyard pickup football game isn’t as complicated as a four-quarter game of tackle. Keep things lighter by playing two-hand touch, but make each play as simple or as in-depth as your group wants. Just make sure to establish guidelines before you start playing, so no one gets confused. You can have as many or as few people on each team as you want, as long as the teams are even.**

**If you have an uneven number of players, one person can opt to be quarterback who plays offense for both sides. You might also take turns letting one player make calls as referee or sit out and get some rest. Fall is in full swing, which means its football season once again — but not just for the Titans and Volunteers. A backyard pickup football game is a fun way for your family and friends to spend quality time together.**

**You don’t need to be a football fanatic (or even an athlete) to be your party’s starting receiver. Backyard pickup games are meant to be easy on kids and fun for parents. So, huddle up and learn what you’ll need to get started, and how to make the game safe for players big and small.**

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